



# SACRED SUPERVISION

& guidance from the Three Cauldrons of Wisdom

a structured and supportive process that provides  
guidance, reflection and mentorship  
for professionals in fields such as  
yoga, alternative therapies and holistic practices.

with **Baya Salmon-Hawk & Sarah Fox**

[www.baya.ie/sacreds supervision](http://www.baya.ie/sacreds supervision)

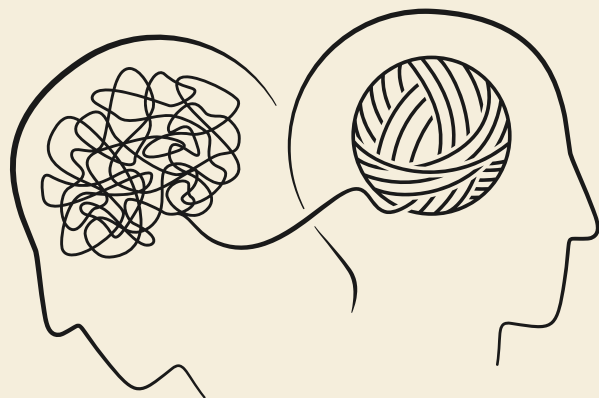
[www.oakandwillow.ie/events](http://www.oakandwillow.ie/events)

# Sacred Supervision

Have you ever felt unsupported or disconnected in your journey as a facilitator, alternative therapist or space holder?

Do you often find it challenging to navigate your path without guidance or support?

Could you do with a bit of help?



*Supervision is a process of professional learning and development that enables individuals to reflect on and develop their knowledge, skills, and competence, through regular support*

# Sacred Supervision

This is why

**Baya Salmon-Hawk**

(Shamanic Practitioner & Teacher,

EFT Tapping Specialist,

ordained Priestess of

The Fellowship of Isis)

and **Sarah Fox**

(Founder of Oak & Willow

Irish Yoga Teacher Training,

Herbalist & ordained

Priestess of the Sacred Land)

have collaborated to

create a unique project

designed to help you not only

manage the difficulties

you may encounter in

your career but also enhance

your knowledge and

build a supportive community

around you.





# Sacred Supervision



The Sacred Supervision Project is designed to empower you with tools for personal and professional growth.

**Online learning with In Person Experiential Sessions:**

Participants will take part in **three hour in-person sessions held monthly in Waterford**, alternating with **three hour online training sessions** the following month.



**SPRING EQUINOX TERM  
MARCH/APRIL 2025**

**Sunday 9th March  
10.30pm - 5.30pm - in person - Waterford  
venue**

**Sunday 6th April  
10.30pm - 2.30pm - Online**

**Study of the Lower World & Cauldron of Warming**

**Coping Strategies for:**

**- Depletion, Dysphoria and Dissociation**

**Core Techniques:**

**- Basic EFT Tapping Training**

**- Saining, grounding and protecting.**

**- Inner Intuition (Dowsing and Muscle Testing)**



**BEALTAINÉ TERM  
MAY/JUNE 2025**

**Sunday May 18th  
10.30pm - 5.30pm - in person - Waterford  
venue**

**Sunday June 8th  
10.30pm - 2.30pm - Online**

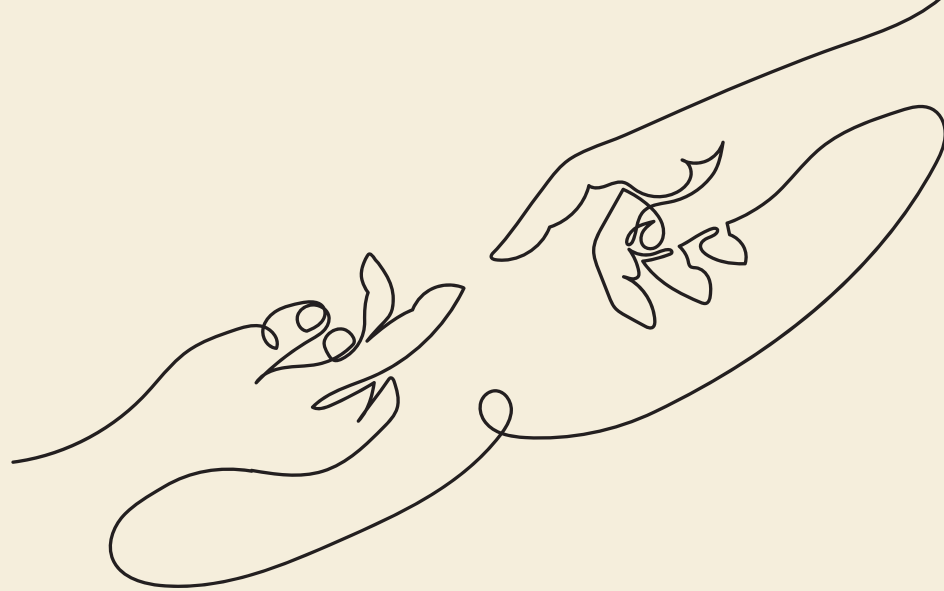
**Study of the Middle World & Cauldron of Vocation**

**Coping Strategies for:**

- Pedestals, Limerence & Transference
  - Power Dynamics
- Clear Boundaries and Solid Contracts

**Core Techniques:**

- Advanced EFT Tapping
- How to embody Vocation and Responsibilities
  - Ministry



## **LUGHNASADH TERM JULY 2025**

**Sunday July 20th**

**10.00pm - 6.00pm - in person - Waterford**

**Study of the Upper World & Cauldron of Wisdom  
& Closing Ceremony**

**Coping Strategies for:**

- Challenging Group Dynamics
- Drama Triangle vs Compassion Triangle
- What to do when Catastrophe strikes

**Core Techniques:**

- Psychological Reversal with EFT Tapping
- Stewardship, Storytelling & Archetypes



## Join Us!

If you're looking to enhance your career,  
deepen your knowledge,  
and build a supportive network,

the **Sacred Supervision Project** is for you.

Join us on this transformative journey and empower  
yourself to navigate your path with confidence and  
support.

For more details and to register, please contact:

**Baya Salmon-Hawk: [hello@baya.ie](mailto:hello@baya.ie)**

**or**

**Sarah Fox: [hello@sarahfox.ie](mailto:hello@sarahfox.ie)**





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## INVESTMENT

**€1000 in instalments of €200 per month  
for 5 months of training**

**€900 for one off payment**

CPD (Continuing Professional Development)

is a valuable investment in your personal and professional growth.

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